

Confined

April 5, 2020

Scott Shiroma

1. Be Still.

Psalm 46:10 (NIV)

"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

Lamentations 3:25-33 (NLT2)

The LORD is good to those who depend on him, to those who search for him. ²⁶ So it is good to wait quietly for salvation from the LORD. ²⁷ And it is good for people to submit at an early age to the yoke of his discipline: ²⁸ Let them sit alone in silence beneath the LORD's demands. ²⁹ Let them lie face down in the dust, for there may be hope at last. ³⁰ Let them turn the other cheek to those who strike them and accept the insults of their enemies. ³¹ For no one is abandoned by the Lord forever.

³² Though he brings grief, he also shows compassion because of the greatness of his unfailing love.

³³ For he does not enjoy hurting people or causing them sorrow.

1 Kings 19:9-16 (NASB)

Then he came there to a cave and lodged there; and behold, the word of the LORD came to him, and He said to him, "What are you doing here, Elijah?" ¹⁰ He said, "I have been very zealous for the LORD, the God of hosts; for the sons of Israel have forsaken Your covenant, torn down Your altars and killed Your prophets with the sword. And I alone am left; and they seek my life, to take it away."

¹¹ So He said, "Go forth and stand on the mountain before the LORD." And behold, the LORD was passing by! And a great and strong wind was rending the mountains and breaking in pieces the rocks before the LORD; but the LORD was not in the wind. And after the wind an earthquake, but the LORD was not in the earthquake. ¹² After the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of a gentle blowing. ¹³ When Elijah heard it, he wrapped his face in his mantle and went out and stood in the entrance of the cave. And behold, a voice came to him and said, "What are you doing here, Elijah?" ¹⁴ Then he said, "I have been very zealous for the LORD, the God of hosts; for the sons of Israel have forsaken Your covenant, torn down Your altars and killed Your prophets with the sword. And I alone am left; and they seek my life, to take it away." ¹⁵ The LORD said to him, "Go, return on your way to the wilderness of Damascus, and when you have arrived, you shall anoint Hazael king over Aram; ¹⁶ and Jehu the son of Nimshi you shall anoint king over Israel; and Elisha the son of Shaphat of Abel-meholah you shall anoint as prophet in your place.

2. Stay Connected from afar.

1 Peter 5:8-9 (NASB)

Be of sober spirit, be on the alert. Your adversary, the devil, prowls around like a roaring lion, seeking someone to devour. ⁹ But resist him, firm in your faith, knowing that the same experiences of suffering are being accomplished by your brethren who are in the world.

Here are some questions to can discuss in your homes while isolated?

1. What does God want me to learn in this season?
2. Who can keep me accountable to be still? And how?
3. Who can I send an encouraging message to? Text, Email, FB