**Attitude of Gratitude**

November 20, 2016

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**Romans 14:6 (NASB)**   
*He who observes the day, observes it for the Lord, and he who eats, does so for the Lord, for he gives thanks to God; and he who eats not, for the Lord he does not eat, and gives thanks to God.*

1. **Measure of gratitude.**

**1 Thessalonians 5:18 (NASB)**   
*in everything give thanks; for this is God's will for you in Christ Jesus.*

**Colossians 3:17 (NASB)**   
*Whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks through Him to God the Father.*

Ask yourself some of these questions.

* I have so much in life to be thankful for. Agree or disagree.
* If I had to list everything that I felt grateful for, it would be a very long list. Agree or disagree.
* I am grateful to a wide variety of people. Agree of disagree.
* As I get older I find myself more able to appreciate the people, events and situations that I have been a part of my life history. Agree or disagree.

1. **Motive of gratitude.**

**Hebrews 12:28 (NASB)**   
*Therefore, since we receive a kingdom which cannot be shaken, let us show gratitude, by which we may offer to God an acceptable service with reverence and awe;*

**Job 13:15 (NASB)**   
*"Though He slay me, I will hope in Him. Nevertheless I will argue my ways before Him.*

1. **Mark of gratitude.**

**Luke 8:39 (NASB)**   
*"Return to your house and describe what great things God has done for you." So he went away, proclaiming throughout the whole city what great things Jesus had done for him.*

**James 1:2-4 (NASB)**   
*Consider it all joy, my brethren, when you encounter various trials, 3 knowing that the testing of your faith produces endurance. 4 And let endurance have its perfect result, so that you may be perfect and complete, lacking in nothing.*