**Avoiding Holiday Stress**

November 27, 2016

Pastor Scott Shiroma

1. **Anger doesn’t please God.**

***James 1:19-20 (NASB)***

*This you know, my beloved brethren. But everyone must be quick to hear, slow to speak and slow to anger; 20 for the anger of man does not achieve the righteousness of God.*

1. **Remember the season.**

**Luke 2:10-11 (NASB)**   
*But the angel said to them, "Do not be afraid; for behold, I bring you good news of great joy which will be for all the people; 11  for today in the city of David there has been born for you a Savior, who is Christ the Lord.*

**Isaiah 9:6 (NASB)**   
*For a child will be born to us, a son will be given to us; And the government will rest on His shoulders; And His name will be called Wonderful Counselor, Mighty God, Eternal Father, Prince of Peace.*

1. **Spread the good news!**

**Romans 10:14-15 (NASB)**   
*How then will they call on Him in whom they have not believed? How will they believe in Him whom they have not heard? And how will they hear without a preacher? 15 How will they preach unless they are sent? Just as it is written, "HOW BEAUTIFUL ARE THE FEET OF THOSE WHO BRING GOOD NEWS OF GOOD THINGS!"*