## **Trust and Confidence Amidst Distractions**

	<b>Distractions</b> Chaplain Frank L. Castagnetti February 24, 2019	
1.	But as for me, I trust in You, O Lord, I say, "You are my God." Psalm 31:14 NASB	
2.	Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight. Proverbs 3:5-6 (NIV)	
3.	Surely God is my salvation; I will trust and not be afraid. The Lord, the Lord himself, is my strength and my defense; he has become my salvation. Isaiah 12:2 (NIV)	
4.	Indeed, if you call out for insight and cry aloud for understanding, and if you look for it as for silver and search for it as for hidden treasure, then you will understand the fear of the Lord and find the knowledge of God. Proverbs 2:3-5 (NIV)	
5.	I can do all this through him who gives me strength. Philippians 4:13 (NIV)	
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