

# What about words?

Words have power

Genesis 1:3 Then God said, "Let there be light"; and there was light." NASB

Proverbs 15:4 Gentle words bring life and health; a deceitful tongue crushes the spirit. NASB

regulate the words we hear.

**Regulate: to control or direct by a rule, principle or method**

**Latin: Regulare = to control Regula = ruler**

James 3: 8-10 But no one can tame the tongue; it is a restless evil and full of deadly poison. With it we bless our Lord and Father, and with it we curse men, who have been made in the likeness of God; from the same mouth come both blessing and cursing. My brethren, these things ought not to be this way. NASB

**We can guard our hearts by feeding on the Word of God**

Deuteronomy 8:3 "He humbled you and let you be hungry, and fed you with manna which you did not know, nor did your fathers know, that He might make you understand that man does not live by bread alone, but man lives by everything that proceeds out of the mouth of the LORD." NASB

**Reflect the love of God in:**

**The words we say to ourselves**

**The words we say to others**

**Bless those to whom we speak.**

Proverbs 12:18 "There is one who speaks rashly like the thrusts of a sword. But the tongue of the wise brings healing." NASB

**You are not on your own!**

Luke 12:11- When they bring you before the synagogues and the rulers and the authorities do not worry about how or what you are to speak in your defense, or what you are to say; for the Holy Spirit will teach you in that very hour what you ought to say. NASB