

# Real Repentance

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## Why we need to repent

- It reveals our **HEART**.
- It allows **HEALING** to begin.
- Helps us **GROW** spiritually.
- Builds **TRUST** in our relationships.
- **DEFUSES** Satan's tactics.

*Be gracious to me, O God, according to Your lovingkindness; According to the greatness of Your compassion blot out my transgressions. <sup>2</sup> Wash me thoroughly from my iniquity And cleanse me from my sin. <sup>3</sup> For I know my transgressions, And my sin is ever before me. <sup>4</sup> Against You, You only, I have sinned And done what is evil in Your sight, So that You are justified when You speak And blameless when You judge. <sup>5</sup> Behold, I was brought forth in iniquity, And in sin my mother conceived me. <sup>6</sup> Behold, You desire truth in the innermost being, And in the hidden part You will make me know wisdom. <sup>7</sup> Purify me with hyssop, and I shall be clean; Wash me, and I shall be whiter than snow. <sup>8</sup> Make me to hear joy and gladness, Let the bones which You have broken rejoice. <sup>9</sup> Hide Your face from my sins And blot out all my iniquities. <sup>10</sup> Create in me a clean heart, O God, And renew a steadfast spirit within me. <sup>11</sup> Do not cast me away from Your presence And do not take Your Holy Spirit from me. <sup>12</sup> Restore to me the joy of Your salvation And sustain me with a willing spirit. <sup>13</sup> Then I will teach transgressors Your ways, And sinners will be converted to You. <sup>14</sup> Deliver me from bloodguiltiness, O God, the God of my salvation; Then my tongue will joyfully sing of Your righteousness. <sup>15</sup> O Lord, open my lips, That my mouth may declare Your praise. <sup>16</sup> For You do not delight in sacrifice, otherwise I would give it; You are not pleased with burnt offering. <sup>17</sup> The sacrifices of God are a broken spirit; A broken and a contrite*

*heart, O God, You will not despise. <sup>18</sup> By Your favor do good to Zion; Build the walls of Jerusalem. <sup>19</sup> Then You will delight in righteous sacrifices, In burnt offering and whole burnt offering; Then young bulls will be offered on Your altar.*

Psalm 51:1-19 (NASB)

### 1. **DEFINE** the sin.

*Be gracious to me, O God, according to Your lovingkindness; According to the greatness of Your compassion blot out my transgressions. <sup>2</sup> Wash me thoroughly from my iniquity And cleanse me from my sin. <sup>3</sup> For I know my transgressions, And my sin is ever before me.* Psalms 51:1-3 (NASB)

- **TRANSGRESSION:** implies a rebellion against God's authority and law.
- **INIQUITY:** means a distortion of what should be to explain it as meaning literally "crookedness," "perverseness," i.e. evil regarded as that which is not straight or upright, moral distortion
- **SIN:** is a missing of the mark. David is making it clear that his sin is deep—there is no minimizing or excusing it.

### 2. **APPEAL** to God's mercy.

*Be gracious to me, O God, according to Your lovingkindness; According to the greatness of Your compassion blot out my transgressions.* Psalms 51:1 (NASB)

### 3. Don't **BLAME** or get **DEFENSIVE**.

The man said, "The woman whom You gave to be with me, she gave me from the tree, and I ate." Genesis 3:12 (NASB)

### 4. Look to **JESUS**.

*In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace.* Ephesians 1:7 (NASB)