

Guard Your Heart

November 03, 2019
Pastor Scott Shiroma

Watch over your heart with all diligence, For from it flow the springs of life. Proverbs 4:23 (NASB)

For as he thinks within himself, so he is. He says to you, "Eat and drink!" But his heart is not with you. Proverbs 23:7 (NASB)

As in water face reflects face, So the heart of man reflects man. Proverbs 27:19 (NASB)

For He is our God, And we are the people of His pasture and the sheep of His hand. Today, if you would hear His voice, ⁸ Do not harden your hearts, as at Meribah, As in the day of Massah in the wilderness, Psalm 95:7-8 (NASB)

What Does it Mean to "Guard Your Heart"?

1. Change your _____.

And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect. Romans 12:2 (NASB)

Therefore if you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God. ² Set your mind on the things above, not on the things that are on earth. Colossians 3:1-2 (NASB)

2. Keep _____ in your heart.

I have hidden your word in my heart that I might not sin against you. Psalm 119:11 (NIV)

My son, give attention to my words; Incline your ear to my sayings. ²¹ Do not let them depart from your sight; Keep them in the midst of your heart. Proverbs 4:20-21 (NASB)

"You brood of vipers, how can you, being evil, speak what is good? For the mouth speaks out of that which fills the heart. Matthew 12:34 (NASB)

Let the words of my mouth and the meditation of my heart Be acceptable in Your sight, O LORD, my rock and my Redeemer. Psalm 19:14 (NASB)

3. _____ under trials.

And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance; ⁴ and perseverance, proven character; and proven character, hope; ⁵ and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us. Romans 5:3-5 (NASB)

4. Check your _____ with the _____.

Search me, O God, and know my heart; Try me and know my anxious thoughts; Psalm 139:23 (NASB)

Rejoice in the Lord always; again I will say, rejoice! ⁵ Let your gentle spirit be known to all men. The Lord is near. ⁶ Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

Philippians 4:4-7 (NASB)

Create in me a clean heart, O God, And renew a steadfast spirit within me. Psalm 51:10 (NASB)